

DESSERT

Carrot Cake | 7

Simple and delicious, with walnuts and vanilla

Chocolate Almond Cake | 7

Served with creamy orange sauce

Seasonal Fruit Crostata | 7

Macadamia pie crust filled with seasonal fruit

Cappuccino Brownies | 7

Rich 'n fudgy, gluten-free

Sunbutter Cookies and Ice Cream | 7

Served 3-ways with vanilla bean ice cream

APPETIZER

Soup du Jour | 6

Ask for current selection.

Served with choice of grilled bread

Yam Crisps | 7

Baked, not fried! with fresh guacamole

Organic Blue Corn Tortilla Chips and Salsa | 7

Homemade organic salsa

Add guacamole | 1.75

Beet Ribbon Salad | 9

Citrus marinated beet with walnuts, dates seasonal fruit and mint.

Corn Breaded Tempeh Nuggets | 8

Dijon tempeh breaded and lightly fried.

Served with vegan ranch and BBQ sauce

Agri Nachos | 9

Steamed seasonal vegetables, black beans, olives, cheese, salsa and guacamole

ENTRÉE

Penne Primavera | 13

Choice of gluten-free penne or whole wheat rotini tossed with vegetables and garlic in our vegan cream sauce with white wine.
Served with choice of grilled bread

Curry Tofu | 13

Seasonal vegetables and basmati rice in a sweet and spicy coconut curry sauce. Topped with fresh scallion

Wild Mushrooms and Asparagus Polenta | 15

Mushroom and onion polenta served over warm asparagus puree with fresh roasted asparagus, topped with red onion confit

Ravioli Puttanesca | 14

Gluten-free, romano and ricotta filling, served over a hearty tomato and portobello sauce, with fennel, frascati and capers

Walnut Pesto Rotini | 13

Choice of whole wheat rotini or gluten-free penne.
Sun dried tomatoes, mushrooms, basil, garlic,
walnuts and fresh grated romano

Fresh Lemon Pepper Trout | 16

Star Prairie farm raised Rainbow trout,
served with garlic green beans, roasted potatoes and fresh herbs

SANDWICHES & SIMPLE

*Sandwiches come with choice of bread and organic blue corn tortilla chips.
Add organic mixed green salad instead of chips | 2.00*

Egg Salad Sandwich | 8

Homemade, free range organic egg salad

Smoked Trout Sandwich | 10

Star Prairie smoked trout in a mild aioli with pistachio tapenade

BBQ Tempeh Panino | 9

Sweet homemade BBQ sauce, cheddar cheese and red onion

Grilled Cheese | 7

Tomato, red onion, garlic and spinach

Veggie Burger | 9

Brown rice, sunflower seed and carrot patty
with whole grain mustard, tomato, onion and seasonal greens

Tempeh Rueben | 9

Homemade thousand island, sauerkraut and Swiss

Macaroni and Cheese | 7

Gluten-free. Available with dairy-free sauce.
Topped with tomato and scallion. Served with grilled bread

Organic Mixed Greens Salad | 6

Carrot, onion, tomato, sunflower seeds and grilled bread